

# ESTRELLA

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## DEALING WITH MEDICAL CONDITIONS POLICY

### AUTHORISATION

Originally Adopted: July 2013

Most Recent Amendment: November 2017

### REVIEW DATE

Review every three years

Next review: November 2020

### PURPOSE

This policy will provide guidelines for Estrella Preschool to ensure that:

- clear procedures exist to support the health, wellbeing and inclusion of all children enrolled at the service
- service practices support the enrolment of children and families with specific health care requirements.

### POLICY STATEMENT

#### 1. VALUES

Estrella Preschool is committed to recognising the importance of providing a safe environment for children with specific medical and health care requirements through implementing and maintaining effective hygiene practices. This will be achieved through:

- fulfilling the service's duty of care requirement under the *Occupational Health and Safety Act 2004*, the *Education and Care Services National Law Act 2010* and the *Education and Care Services National Regulations 2011* to ensure that those involved in the programs and activities of Estrella Preschool are protected from harm
- informing educators, staff, volunteers, children and families of the importance of adhering to the *Dealing with Medical Conditions Policy* to maintain a safe environment for all users, and communicating the shared responsibility between all involved in the operation of the service
- ensuring that educators have the skills and expertise necessary to support the inclusion of children with additional health needs.

#### 2. SCOPE

This policy applies to the Approved Provider, Nominated Supervisor, Certified Supervisor, educators, staff, students on placement, volunteers, parents/guardians, children and others attending the programs and activities of Estrella Preschool, including during offsite excursions and activities.

This policy should be read in conjunction with:

- *Anaphylaxis Policy*
- *Asthma Policy*
- *Diabetes Policy*
- *Epilepsy Policy*

### **3. BACKGROUND AND LEGISLATION**

#### **Background**

An approved service must have a policy for managing medical conditions that includes the practices to be followed:

- in the management of medical conditions
- when parents are required to provide a medical management plan if an enrolled child has a specific health care need, allergy or relevant medical condition
- when developing a risk minimisation plan in consultation with the child's parents/guardians
- when developing a communication plan for staff members and parents/guardians.

Staff members and volunteers must be informed about the practices to be followed. If a child enrolled at the service has a specific health care need, allergy or other relevant medical condition, parents/guardians must be provided with a copy of this and other relevant policies.

Medication and medical procedures can only be administered to a child:

- with written authorisation from the parent/guardian or a person named in the child's enrolment record as authorised to consent to administration of medication (Regulation 92(3)(b))
- with two adults in attendance, one of whom must be an educator. One adult will be responsible for the administration and the other adult will witness the procedure
- if the medication is in its original container bearing the child's name, dose and frequency of administration.

Refer to the *Administration of Medication Policy* for more information.

Staff may need additional information from a medical practitioner where the child requires:

- multiple medications simultaneously
- a specific medical procedure to be followed.

If a child with a chronic illness or medical condition that requires invasive clinical procedures or support is enrolled at the service, it is vital that prior arrangements are negotiated with the parent/guardian, authorised nominees or appropriate health care workers to prepare for the event that the child will require a procedure while in attendance at the service. Parents/guardians and the service should liaise with either the child's medical practitioner or other appropriate service providers to establish such an arrangement. Arrangements must be formalised following enrolment and prior to the child commencing at the service.

#### **Legislation and standards**

Relevant legislation and standards include but are not limited to:

- *Education and Care Services National Law Act 2010*: Section 173
- *Education and Care Services National Regulations 2011*: Regulations 90, 91, 96
- *Health Records Act 2001* (Vic)
- *National Quality Standard*, Quality Area 2: Children's Health and Safety

- Standard 2.1: Each child’s health is promoted
  - Element 2.1.1: Each child's health needs are supported
  - Element 2.3.2: Every reasonable precaution is taken to protect children from harm and any hazard likely to cause injury
- *National Quality Standard, Quality Area 7: Leadership and Service Management*
  - Standard 7.1: Effective leadership promotes a positive organisational culture and builds a professional learning community
    - Element 7.1.2: The induction of educators, co-ordinators and staff members is comprehensive
- *Occupational Health and Safety Act 2004 (Vic)*
  
- *Public Health and Wellbeing Act 2008 (Vic)*
- *Public Health and Wellbeing Regulations 2009 (Vic)*

The most current amendments to listed legislation can be found at:

- Victorian Legislation – Victorian Law Today: <http://www.legislation.vic.gov.au/>
- Commonwealth Legislation – ComLaw: <http://www.comlaw.gov.au/>

#### 4. DEFINITIONS

The terms defined in this section relate specifically to this policy. For commonly used terms e.g. Approved Provider, Nominated Supervisor, Regulatory Authority etc. refer to the *General Definitions* section of this manual.

**AV How to Call Card:** A card that the service has completed containing all the information that Ambulance Victoria will request when phoned. A sample card can be downloaded from: <http://www.ambulance.vic.gov.au/Education/Calling-Triple-0.html>

**Hygiene:** The principle of maintaining health and the practices put in place to achieve this.

**Medical condition:** In accordance with the *Education and Care Services National Regulations 2011*, the term medical condition includes asthma, diabetes or a diagnosis that a child is at risk of anaphylaxis, and the management of such conditions.

**Medical management plan:** A document that has been prepared and signed by a doctor that describes symptoms, causes, clear instructions on action and treatment for the child’s specific medical condition, and includes the child’s name and a photograph of the child. An example of this is the Australasian Society of Clinical Immunology and Allergy (ASCIA) Action Plan.

**Risk minimisation:** The implementation of a range of strategies to reduce the risk of an adverse affect from the mismanagement of a specific medical condition at the service.

**Risk minimisation plan:** A service-specific plan that details each child’s medical condition, and identifies the risks of the medical condition and practical strategies to minimise those risks, and who is responsible for implementing the strategies. The risk minimisation plan should be developed by families of children with specific medical conditions that require medical management plans, in consultation with staff at the service upon enrolment or diagnosis of the condition.

## 5. SOURCES AND RELATED POLICIES

### Sources

- *Staying Healthy: Preventing infectious diseases in early childhood education and care services* (5<sup>th</sup> edition, 2013) National Health and Medical Research Council:  
<http://www.nhmrc.gov.au/guidelines/publications/ch55>
- *Guide to the Education and Care Services National Law and the Education and Care Services National Regulations 2011*, p 62: [www.acecqa.gov.au](http://www.acecqa.gov.au)

### Service policies

- *Administration of First Aid Policy*
- *Administration of Medication Policy*
- *Anaphylaxis Policy*
- *Asthma Policy*
- *Dealing with Infectious Diseases Policy*
- *Diabetes Policy*
- *Epilepsy Policy*
- *Incident, Injury, Trauma and Illness Policy*
- *Privacy and Confidentiality Policy*
- *Supervision of Children Policy*

## PROCEDURES

### The Approved Provider is responsible for:

- ensuring that all staff and volunteers are provided with a copy of this policy and have a clear understanding of the procedures and practices outlined within
- developing and implementing a communication plan and encouraging ongoing communication between parents/guardians and staff regarding the current status of the child's specific health care need, allergy or other relevant medical condition, this policy and its implementation
- ensuring educators/staff receive regular training in managing the specific health care needs of children at the service including asthma, anaphylaxis, diabetes, epilepsy and other medical conditions. This includes training in the management of specific procedures that are required to be carried out for the child's wellbeing
- ensuring at least one educator/staff member who has current accredited training in emergency management requirements for specific medical conditions is in attendance and immediately available at all times that children are being educated and cared for by the service
- establishing robust induction procedures that include the provision of information regarding the implementation of the practices outlined in this policy
- ensuring families and educators/staff understand and acknowledge each other's responsibilities under these guidelines
- ensuring families provide information on their child's health, medications, allergies, their medical practitioner's name, address and phone number, emergency contact names and phone numbers, and a medical management plan signed by their medical practitioner, following enrolment and prior to the child commencing at the service
- ensuring that a risk minimisation plan is developed for each child with specific medical conditions on enrolment or upon diagnosis, and that the plan is reviewed at least annually

- ensuring that parents/guardians who are enrolling a child with specific health care needs are provided with a copy of this and other relevant service policies
- following appropriate reporting procedures set out in the *Incident, Injury, Trauma and Illness Policy* in the event that a child is ill, or is involved in a medical emergency or an incident at the service that results in injury or trauma.

**The Nominated Supervisor is responsible for:**

- implementing this policy at the service and ensuring that all educators/staff follow the policy and procedures set out within
- informing the Approved Provider of any issues that impact on the implementation of this policy
- ensuring that the *AV How to Call Card* (refer to *Definitions*) is displayed near all telephones
- identifying specific training needs of educators/staff who work with children diagnosed with a medical condition, and ensuring, in consultation with the Approved Provider, that educators/staff access appropriate training
- ensuring children do not swap or share food, food utensils or food containers
- ensuring food preparation, food service and relief staff are informed of children and staff who have specific medical conditions or food allergies, the type of condition or allergies they have, and the service's procedures for dealing with emergencies involving allergies and anaphylaxis
- ensuring a copy of the child's medical management plan is visible and known to staff in the service. Prior to displaying the medical management plan, the Nominated Supervisor must explain to parents/guardians the need to display the plan for the purpose of the child's safety and obtain their consent (refer to *Privacy and Confidentiality Policy*)
- ensuring educators and other staff follow each child's risk minimisation plan and medical management plan
- ensuring opportunities for a child to participate in any activity, exercise or excursion that is appropriate and in accordance with their risk minimisation plan
- providing information to the community about resources and support for managing specific medical conditions while respecting the privacy of families enrolled at the service
- administering medications as required, in accordance with the procedures outlined in the *Administration of Medication Policy*
- maintaining ongoing communication between educators/staff and parents/guardians in accordance with the strategies identified in the communication plan, to ensure current information is shared about specific medical conditions within the service.

**Certified Supervisors and other educators are responsible for:**

- ensuring that children do not swap or share food, food utensils or food containers
- communicating any relevant information provided by parents/guardians regarding their child's medical condition to the Nominated Supervisor to ensure all information held by the service is current
- undertaking relevant training to assist with the management of specific medical conditions of children at the service
- being aware of individual requirements of children with specific medical conditions and following their risk minimisation plan and medical management plan
- monitoring signs and symptoms of specific medical conditions and communicating any concerns to the Nominated Supervisor
- adequately supervising all children, including those with specific medical conditions

- informing the Nominated Supervisor of any issues that impact on the implementation of this policy.

**Parents/guardians are responsible for:**

- informing the service of their child’s medical conditions, if any, and informing the service of any specific requirements that their child may have in relation to their medical condition
- developing a risk minimisation plan with the Nominated Supervisor and/or other relevant staff members at the service
- providing a medical management plan signed by a medical practitioner, either on enrolment or immediately upon diagnosis of an ongoing medical condition. This medical management plan must include a current photo of the child and must clearly outline procedures to be followed by educators/staff in the event of an incident relating to the child’s specific health care needs
- notifying the Nominated Supervisor of any changes to the status of their child’s medical condition and providing a new medical management plan in accordance with these changes
- informing the Nominated Supervisor of any issues that impact on the implementation of this policy by the service.

**Volunteers and students, while at the service, are responsible for following this policy and its procedures.**

**EVALUATION**

In order to assess whether the values and purposes of the policy have been achieved, the Approved Provider will:

- regularly seek feedback from educators, staff, parents/guardians, children, management and all affected by the policy regarding its effectiveness
- monitor the implementation, compliance, complaints and incidents in relation to this policy
- ensure that all information on display and supplied to parents/guardians regarding the management of medical conditions is current
- keep the policy up to date with current legislation, research, policy and best practice
- revise the policy and procedures as part of the service’s policy review cycle, or as required
- notify parents/guardians at least 14 days before making any change to this policy or its procedures.

**ATTACHMENTS**

- Attachment 1: Sample risk minimisation plan

Policy considered and accepted by Management Committee \_\_\_\_\_

Date: \_\_\_\_\_

Policy considered and accepted by Staff \_\_\_\_\_

Date: \_\_\_\_\_

**ATTACHMENT 1**

**Sample risk minimisation plan**

**Risk Minimisation Plan for children diagnosed with a Medical Condition**

<b>This plan is to be completed in consultation with the parent/guardian of the child.</b>	
<b>1. Child's Name</b>	
<b>2. What group is the child in?</b>	
<b>3. What is the child's medical condition?</b>  Known Allergens	
<b>4. List the strategies for ensuring that all staff, including relief staff and cooks, recognise each of the risks to the child</b>	<p>Parents introduce the child to the staff at orientation, interviews and on the first day the child attends a preschool session.</p> <p>Information on every child at the centre who is at risk is shared with all staff at the start of the year and updated again if/when any changes occur.</p> <p>If any staff member is absent, the remaining staff member introduces the relief staff to the child and shows them where the action plans and medication are kept.</p> <p>The management plans with the child's photo are displayed in the kitchen; in the emergency evacuation bag; in the 'folder for when the teacher is absent'; and in the child's enrolment file.</p>
<b>5. List the strategies for ensuring that all families attending the service are aware of specific risks to children?</b>	

<p>6. Confirm where the child's medical management Action Plan (including the child's photograph) will be displayed</p>	<p>In the kitchen.</p> <p>Copies are also kept with the medication, in the emergency backpack, in relief staff folders and in the child's enrolment records.</p>
<p>7. Confirm where the child's medication will be located.</p>	<p>On the shelf in the bathroom.</p> <p>Medications will be in bags colour coded to each child's group and clearly named.</p>
<p>8. Further strategies undertaken to reduce risks.</p>	<p>Hygiene procedures and practices are used to minimise the risk of contamination of surfaces – tables are cleaned before and after the children eat. Separate cloths are used for cleaning art activities and cleaning the table tables after the children have eaten.</p> <p>Consider the safest place for the child to eat, while ensuring s/he is socially included in all activities.</p> <p>Staff ensure each child at the centre washes hands upon arrival, prior to eating and after eating. Children are taught how to wash their hands and supervised in the bathroom where possible.</p>
<p>9. Other Precautions</p>	
<p><b>Do families and staff know how the service manages the risk?</b></p>	
<p>Has the family been provided with the medical conditions policy? YES NO</p>	
<p>Has the family provided a completed and up to date medical management plan?</p> <p>YES NO</p>	

Date this plan was provided \_\_/\_\_/\_\_

Has the family provided the required medication as needed?

YES NO

Date medication was provided \_\_/\_\_/\_\_

Expiry date of this medication \_\_/\_\_/\_\_

Do all educators know of this child's medical condition?

YES NO

Do all educators know of the location of this child's medication and medical management plans?

YES NO

Who will be responsible for reviewing this risk assessment with the family and keeping a register of the child's medication expiry date?

Name: Rosalind and Ellen

How often will this occur? Medication check – termly

Risk assess. Review – annually or as required

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**Action to be taken in the case of a medical incident**

As per the child's plan

**Possible strategies to manage Risks**

Scenario	Strategy	Who

**Communication Plan**

The plan will be reviewed with families of at risk children prior to the child beginning preschool and after any incident or accidental exposure.

The plan will be discussed with all staff at the commencement of the year and whenever any updates/changes are made.

**Further Parent's Input**

Are you happy with the plan as it is? Do you feel the plan is effective?

Do you have any suggestions to make it more effective?

Name of parent completing this Plan \_\_\_\_\_

Name of educator completing this Plan \_\_\_\_\_

Date risk minimisation plan was completed \_\_/\_\_/\_\_

Agreed review date of risk minimisation Plan \_\_/\_\_/\_\_

Educators Signature \_\_\_\_\_

Parent Signature \_\_\_\_\_